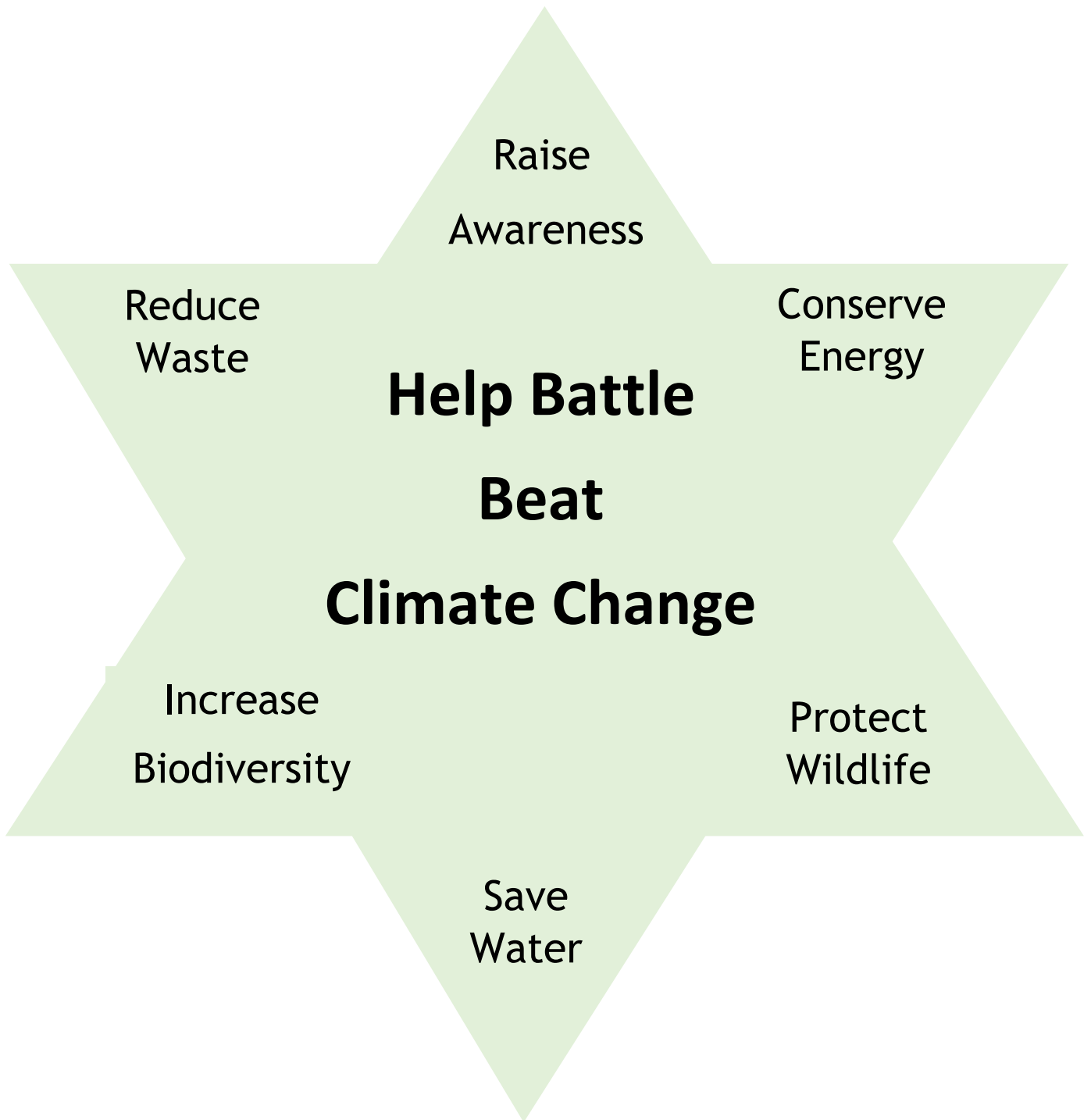




# Battle Town Council



Eco Youth award  
For Individuals and Groups



## Battle Town Council Eco Youth Award



In 2019 Battle Town Council Acknowledged that there was a  
Climate Emergency and made this statement:-

Battle Town Council is committed to protecting the environment within the Civil Parish of Battle and its surroundings.

The Council will comply with all relevant environmental legislation and will aim to reduce any negative environmental impacts and pollution.

The Council will seek to conserve biodiversity and will consider the impact on the environment in its decision-making.

The Council will seek to conserve and enhance Areas of Outstanding Natural Beauty.

The Environment Committee will endeavour to manage the estate in a way that is as efficient, effective, economical and environmentally friendly as practical, seeking to:

- Minimise resource consumption (eg fuel, power and water)
- Reduce waste generation by reusing, recycling and composting whenever possible, along with reducing the volume of waste
- Conserve, enhance and, if appropriate, restore habitats for wildlife
- Protect the heritage of the town and retain, and where necessary improve, buildings of interest through the Local Heritage List and other means
- Promote an enjoyment and understanding of the environment through the promotion of local trails.

The Planning and Transport Committee will endeavour to take into account the Council's Heritage Charter, sustainability, environmental impact and biodiversity when considering planning applications and any plans or policy documents that may affect Battle, Netherfield and Telham.

Battle Town Council staff and Councillors cannot achieve all that we want to without the support of our residents. Will you help us by raising awareness of the current issues raised by Climate Change and make a positive impact on our environment?

There are 6 parts to this Award and to accomplish it you need to complete all the parts of one or more of the challenges per section and write about what you have done.

You can do that by filling in this booklet or by taking lots of photographs and make a booklet showing what you have done. Please take it to the Town Council Offices at the Almonry by 13<sup>th</sup> February, don't forget to fill in your name and ask an adult to provide contact details so we can send your booklet back to you.

A panel of judges will award badges to all participants who have completed one challenge from each section and will select the overall winner(s). The Eco Youth Award will be presented at the Parish Assembly on 4<sup>th</sup> March 2023 to the individual young person and young person's group/school who have made a significant contribution to;

- Improve the environs of our Civil parish of Battle (encompassing Netherfield and Telham)
- Increase awareness of what individuals can do to slow down Climate Change
- Positively contribute to a project of their design to reduce waste.

# REDUCE WASTE - Do one or more of these challenges

## Challenge 1 Refusing and reducing packaging

- For a week make a tally of how much packaging you or your family use or receive. (This can be done by counting items, separating, or weighing.)
- Consider how this can be reduced
- What positive actions will you make or encourage your family to make.

## Challenge 2 Re purposing and reusing items you no longer need.

- Declutter your desk or wardrobe or bedroom, make a tally of what you have that you don't need or use.
- Find an alternative use for 50% of it or even more.
- How innovative have you been? Describe what you have done or encouraged your family to do?

## Challenge 3 Re cycling responsibly

- Find out how recycling centres work eg Hollingdean Materials Recovery Facility; YouTube; or Hollingdean Materials Recovery Facility | Veolia South Downs web sites. What were you surprised about?
- Find out what YOU and YOUR family can put in YOUR green bin and tell your neighbours too, so you can avoid contaminating the load.
- Find out why must we recycle batteries separately, where can you recycle batteries locally?

## Challenge 4 Charity sharing

- They say one person's trash is another person's treasure. Find out about a charity collection that you can support by saving something you might have recycled or thrown away.
- Make a poster or a leaflet to tell everyone about it and arrange where you are going to collect it and how you are going to get it to your charity.
- Remember to offset/ reduce your carbon footprint in delivering and advertising.

Write about what you did here:-

# CONSERVE ENERGY- Do one or more of these challenges

## Challenge 1 Reduce your energy use

- Make a pledge to use less electricity by turning off all unnecessary equipment you or your family keep on standby.
- Turn your thermostat down and put an extra jumper on when you are at home.
- Write a list of five tips to use less energy in the kitchen and ask your family to help save energy and money!

## Challenge 2 Reduce your carbon footprint in your home

- Use a footprint tracker (WWF Footprint Calculator) to calculate your families Carbon footprint
- Make a pledge to reduce it for a month and review your score. Describe what you did and what the difference was.
- Check out the <https://biofriendlyplanet.com/eco-friendly-tips/12-small-changes-to-make-your-home-more-eco-friendly>

## Challenge 3 Reduce your screen time use

- By observing your smart meter, see how much electricity your TV, games console and computer are using
- Turn your phone off or to flight mode for a quicker charge.
- Make a pledge not to use phones, tablets, iPad or computers from 1 hour before bedtime to one hour after you wake. This will improve your sleep and your mental health and your family electricity bill. Write about how you felt?

## Challenge 4 Reduce your carbon emissions

- Walk to school one additional day each week more than you usually do
- Swap one regular car journey with a journey by bus or train
- Shop locally instead of making a single supermarket trip
- Discuss with your family how you can go on a short or long holiday in an eco-friendlier way.

Write about what you did here:-

## INCREASE BIODIVERSITY - Do one or more of these challenges

Remember not to use pesticides or weed killer and use peat- free compost where you can.

### Challenge 1 In your garden or on your windowsill

- Create a garden in a repurposed container, and grow something you could eat.
- Plant some wildflower or bee friendly seeds and care for them ready for the spring and summer. How will you protect the seedlings from frosts outside or heat indoors?
- Take a cutting from a lavender bush or similar flowering plant that bees and butterflies love and find out how to care for it over the winter and when you can plant it outside next spring.

### Challenge 2 Around the town.

- Find out about how to become a friend of the Rec or a Friend of the cemetery and join at least one of their gardening sessions. Learn how to clear around existing plants to enable them to flourish  
or
- Help a school gardening project or a project near a community hall or church that you go to  
or
- Help to keep tidy an area near your home, remember to make sure it doesn't belong to anyone (you can ask the Town Council to check this)

### Challenge 3 Around the world

- In many areas trees are being cut down due to disease or because they are dangerous. Raise some money to buy a tree and send it to a registered tree charity to help rebuild our forests.

Write about what you did here:-

# PROTECT WILDLIFE - Do one or more of these challenges

## Challenge 1 Conservation of the Environment around you

- Find out about a local conservation project near your home and help out for at least 4 hours
- Help clear a pond or stream. (Make sure you get permission for the landowner first.)
- Pick up litter in a green space (Don't forget to wear gloves and take and recycle the litter at home)
- Go on a woodland walk and make a tally of all wildlife holes, or nests or dens you see. How many could you identify? Take photographs and check them out when you get home.

## Challenge 2 Creating an Environment around you

- If you haven't made one before, make a bird or bat box (preferably from recycled pallets or wooden boxes) **seek landowner's permission before attaching it to a tree or building.**
- Make a bee or insect home ready for the spring time.
- Make a wormery (this could be a compost heap or in an old bucket or how innovative can you be?)
- Find out how hedgehogs live and how we can help them

## Challenge 3 Conservation of endangered species

- Find out the 10 (or more) most endangered species which are native to the UK?
- Find out about a charity that is working to protect an endangered species
- Visit (in person or virtually) a site where endangered species are being protected and put together a small presentation on what you can do to help

Write about what you did here:-

# SAVE WATER - Do one or more of these challenges

## Challenge 1 In the home

- Find a way to reduce the amount of water you flush down the toilet.
- Write 3 ways you can reduce your shower time, and put them into practice.
- How can you save or collect water you waste by running water to wash your hands or wash vegetables or wait for hot water to come through. Write down 3 ways to use this waste water (known as grey water)
- Investigate eco programmes on your washing and dishwashing machines. Can you find out how much water they really use. Are you saving water using a dishwasher?

## Challenge 2 In the garden

- Design a dry garden with plants that don't need much water
- Think of ways you and your family can save and reuse water outside
- Repurpose containers to collect rainwater.

## Challenge 3 Other uses.

- Reduce the use of power washes and jet washes
- Use a bucket to wash the car and rain water to rinse it.
- Reduce use of water in an innovative way.

Write about what you did here:-

## RAISE AWARENESS

Well done if you have completed one or two challenges for each section.

Now is the time to boast about it and tell everyone what you have done and what you have achieved. People only know what they have to do and why they have to do it because someone has told them and that person is YOU. How can you make sure your voice is heard? Like Greta Thunberg you need to talk and shout about what we all need to do to ensure trees, plants and animals can survive climate change.

You can design posters or write leaflets; you can make a power point presentation or take lots of photographs and make a book. Ask if you can make a presentation to your class or year group, your cub or guide or ATC group, your church or whatever groups you belong too.

Then tell the Town Council what you have done and you will receive a badge or a certificate of participation. If your ideas were the most practical or innovative you could be Battle's first ECO YOUTH CHAMPION

You can accept this challenge on your own, or ask you School or group to work with you.

This challenge lasts from 13<sup>th</sup> November to 13<sup>th</sup> February and submissions must be sent to the Almonry by 13<sup>th</sup> February.

Section	What did you do?	What changes have you seen?
Reduce Waste		
Conserve Energy		
Increase Bio-diversity		
Protect Wildlife		
Save Water		
Raise Awareness		

INDIVIDUAL AWARD	GROUP AWARD
Name	Group name
Adult contact details	
Adult signature photograph(s)	Tick here to give permission for us to use your