



Are you
living well
in East Sussex?

Do you have experience of using adult
social care in East Sussex?

Whether you have a lot, a little, or
none at all we want to hear from you!

eastsussex.gov.uk/ASCsurvey

Take part
for a chance
to win £25!



A note on privacy...



All the questions in the survey are optional.

You can answer as many or as few as you wish. You could just choose to answer those you feel are most relevant to you. Please be assured that what you tell us will not affect any care or support services you receive.

Please do not share any personal data, such as your full name or home address, apart from in the 'What happens next?' section at the end after completing the survey. If you would like to be kept up to date about the survey or be entered into the prize draw please add your contact details in the box in the section on page 10. If you say yes to either of these options we will only use your data to keep you informed or complete the prize draw.

In the last section on pages 11 & 12 we ask a few more questions about you. You do not have to answer them, but it will help us to make sure that everyone is treated fairly and equally and your information will only be used anonymously to support the consultation. For more information about how your data is stored, please visit:

eastsussex.gov.uk/privacy/about-you

East Sussex County Council takes data protection very seriously. Your information will be used appropriately in line with data protection legislation, will be stored securely and will not be processed unless the requirements for fair and lawful processing can be met.

For more information on how data from this survey will be used, stored and retained please read our privacy notice at:

eastsussex.gov.uk/privacy/ASC-Strategy-Survey

Alternatively, you can contact us for a paper copy using one of the methods listed on the back of this booklet.

Living well in East Sussex

Do you have experience of using adult social care in East Sussex?

Your thoughts on what's important and how we can support you to live well will help us develop our long-term plan, our strategy, for adult social care in the county.

We're keen that lots of people take part - this will give us a better understanding of your different experiences. To encourage people to fill in the survey we're offering everyone who completes it a chance to win one of four £25 retail vouchers in our prize draw - see page 10 for more information!

Why we are developing an adult social care strategy:

Long-term funding, a workforce crisis and recovery from COVID-19 are just three of the challenges facing adult social care.

There are also opportunities to adopt new approaches to developing and delivering our services and put a greater public focus on social care in our county.

Our starting point

The starting point for the strategy is to identify what is most important to local people - which is where you come in! Let us know what matters to you and how we can support you in the different sections of this survey:

- care and support
- home
- information
- finances
- relationships and community
- lifestyle
- peace of mind

In each section, we ask: what is good about your care and support; and what you would like to change and why?

Thank you for taking part!

Once completed, you can return this survey for free, to the freepost address on the back of this booklet. Alternatively, you can complete it online at eastsussex.gov.uk/ASCsurvey or use your phone to scan the QR code on the front cover.

If you have any queries, please do not hesitate to contact us.

All contact details can be found on the back of this booklet and information on alternative formats or translations can be found inside the back cover.



About you

I am answering these questions:

For myself

For someone else

Which of these statements is right for you?

I currently receive social care support (council funded)

I currently receive social care support (self funded)

I have previously received social care support (council funded)

I am family, friend or a carer of someone who is receiving support

I don't currently receive support but may do in the next few years

I am a local resident and do not receive social care support

Where you live - which of these statements is right for you?

I live in my own home or rent from a private landlord

I live in supported accommodation

I live in a care or nursing home

I live in another type of accommodation:

What is the first part
of your postcode?

(This will not be used to identify you,
but is helpful for us when looking at
the results across East Sussex)

Care and support



Practical assistance and support you need either now or in the future.

This could include:

- Who provides your support
- What they support you with
- What control or freedom you want over your support

What is good about your care and support?

What would you like to change about your care and support and why?

Relationships & community



Meaningful relationships with family, friends, and members of your community or local neighbourhood.

What is good about your relationships and community?

What would you like to change about your relationships and community and why?



Information

Knowing what care, support and local activities are available to you now and in the future. This could include:

- What information you need
- How you receive information

What is good about the information you receive?

What would you like to change about the information you receive?

Finance



Having enough money and assets (eg: property, savings and investments) for what you need or getting help with managing these. This could include:

- Work
- Debt
- Benefits
- Budgeting

What is good about your finance right now?

What would you like to change about your finance and why?



Lifestyle

Things about your lifestyle that help you and the people in your life feel happy and healthy. This could include:

- Hobbies & creativity
- Volunteering
- Being active
- Planning for the future

What is good about your lifestyle?

What would you like to change about your lifestyle and why?

Peace of mind



Thinking about what makes you feel safe and secure.

What gives you peace of mind?

What would you like to change to give you more peace of mind and why?



Anything else?

Is there anything else you would like to tell us about how you want to live well in East Sussex? (Please continue on another sheet if necessary)



What happens next?

Our survey will run for six weeks and after that we will analyse the results, giving us a clear picture of what is most important to you. We will use this information to identify themes for further exploration in discussion groups - either face-to-face or virtually - or by having a chat on the phone, which you can sign up for below.

You can also opt in here to enter our £25 Love2Shop retail voucher draw for taking part.

Yes, I would like to be entered into the prize draw to be in with a chance of winning one of four £25 Love2Shop retail vouchers.*

Yes, I'm interested in staying involved with the development of the Adult Social Care strategy.

If you have said yes to either of the above statements, please enter your name and an email address or phone number in the box below so we can contact you:

*Full terms and conditions available on request: please see contact details on the back of this survey

More about you



Are you:

Male
 Female
 Prefer not to say

Do you identify as transgender or a trans person?

Yes
 No
 Prefer not to say

Age:

(Please specify in numbers - eg: 57)

Prefer not to say

Are you:

Heterosexual
 Gay Man
 Other
 Bisexual
 Gay woman/ Lesbian
 Prefer not to say

Are you married or in a civil partnership?

Yes
 No
 Prefer not to say

To which of these ethnic groups do you feel you belong?

White	Mixed	Asian	Black
<input type="checkbox"/> British	<input type="checkbox"/> White & Black Caribbean	<input type="checkbox"/> Indian	<input type="checkbox"/> Caribbean
<input type="checkbox"/> Irish	<input type="checkbox"/> White & Black African	<input type="checkbox"/> Pakistani	<input type="checkbox"/> African
<input type="checkbox"/> Gypsy/Roma	<input type="checkbox"/> White & Asian	<input type="checkbox"/> Bangladeshi	<input type="checkbox"/> Other*
<input type="checkbox"/> Irish Traveller	<input type="checkbox"/> Arab	<input type="checkbox"/> Chinese	<input type="checkbox"/> Prefer not to say
<input type="checkbox"/> Other - please specify:		<input type="text"/>	

The Equality Act 2010 describes a person as disabled if they have a longstanding physical or mental condition that has lasted or is likely to last at least 12 months; and this condition has a substantial adverse effect on their ability to carry out normal day to day activities. People with some conditions (cancer, multiple sclerosis and HIV/AIDS, for example) are considered to be disabled from the point that they are diagnosed.

Do you consider yourself to be disabled as set out in the Equality Act 2010?

- Yes No Prefer not to say

If you answered yes above please tell us the type of impairment that applies:
You may have more than one type of impairment, so please select all that apply.
If none of these apply to you please select other and write in the type of impairment you have.

- | | |
|---|--|
| <input type="checkbox"/> Physical impairment | <input type="checkbox"/> Mental health condition |
| <input type="checkbox"/> Sensory impairment | <input type="checkbox"/> Learning disability |
| <input type="checkbox"/> Long term illness/health condition | <input type="checkbox"/> Prefer not to say |
| <input type="checkbox"/> Other - please specify: | <input type="text"/> |

Do you regard yourself as belonging to any particular religion or belief?

- Yes No Prefer not to say

If you answered yes above, which one?

- | | |
|--|-----------------------------------|
| <input type="checkbox"/> Christian | <input type="checkbox"/> Hindu |
| <input type="checkbox"/> Muslim | <input type="checkbox"/> Buddhist |
| <input type="checkbox"/> Jewish | <input type="checkbox"/> Sikh |
| <input type="checkbox"/> Other - please specify: | <input type="text"/> |

Thank you for providing this information.

Alternative formats and languages

We have an Easy Read version of this survey available on request. If you would like any other help understanding this information, for example, if you would like to request it in an alternative format or language, please contact:

ASCPersonalisation@eastsussex.gov.uk

Arabic

إذا كنت تود المساعدة في فهم هذه المعلومات، يرجى الاتصال على

ASCPersonalisation@eastsussex.gov.uk

Bengali

আপনি এই তথ্য বুঝতে চাইতে অগ্রহ কতে যোগাযোগ কেরবি:

ASCPersonalisation@eastsussex.gov.uk

Farsi

چنانچه مایل هستيد برای درک این اطلاعات به شما کمک شود، مثلا آنرا در یک فرمت دیگر یا به زبان

دیگری میخواهید، لطفا با ما تماس بگیرید. ASCPersonalisation@eastsussex.gov.uk

Latvian

Ja jūs vēlaties palīdzību, lai saprastu šo informāciju, piemēram, ja jūs vēlaties to saņemt kādā citā formātā vai valodā, lūdzu sazinieties

ASCPersonalisation@eastsussex.gov.uk

Polish

Jeżeli potrzebują Państwo pomocy, aby zrozumieć niniejsze informacje, prosimy skontaktować się z ASCPersonalisation@eastsussex.gov.uk

Russian

Пожалуйста, свяжитесь с нами, если вам нужна помощь в доступе к этой информации, например, вы можете запросить эту информацию в другом формате или в переводе на другом языке. ASCPersonalisation@eastsussex.gov.uk

Pashto

که تاسو غواړئ چې په دې معلوماتو باندې پوهیدو په اړه ستاسو مرسته وکړی شي، د مثال په توګه، که

تاسو غواړئ چې په بله طریقه یا ژبه کې د دې معلوماتو غوښتنه وکړئ، نو

مهرباني وکړئ مونږ سره رابطه ولرئ. ASCPersonalisation@eastsussex.gov.uk

Ukrainian

Якщо вам потрібна допомога з розумінням цієї інформації, наприклад, якщо ви хочете її отримати в іншому форматі або іншою мовою, будь ласка, зв'яжіться з

ASCPersonalisation@eastsussex.gov.uk

Contact us:

When completed, this survey can be posted back for free at the address below. You can also use the details below to get in touch if you have any queries, or would like to request T&Cs or our privacy statement.

 ASCPersonalisation@eastsussex.gov.uk

 01273 481565



Adult Social Care strategy survey
FREEPOST
ESCC
PUBLIC HEALTH

If you would like more information about adult social care or other local care and support, please visit:

eastsussex.gov.uk/social-care
1space.eastsussex.gov.uk